

Colds & Flu

For _____

Date _____

Take the following supplements until your re-evaluation on (date) _____

Purpose	Supplement	per day	with breakfast	with lunch	with dinner	before bed
FLU PREVENT	Bio Immunozyyme Forte	2	1		1	
	Bio-FCTS	2	1		1	
	Bio D Mulsion Forte	2 drops				

BACTERIAL INFECTION <i>thick, dark mucous</i>	Bio Immunozyyme Forte	4 -8	1-2	1-2	1-2	1-2
	IAG	1-2 tsp	1-2 tsp	1-2 tsp	1-2 tsp	1-2 tsp
	ADP	4--12	1-3	1-3	1-3	1-3
	Liquid Iodine	20 drops		20 drops	20 drops	
	Bio D Mulsion Forte	<i>see note below (then 2 drops per day)</i>				

VIRUS <i>thin, clear mucous</i>	Bio Immunozyyme Forte	4 -8	1-2	1-2	1-2	1-2
	IAG	4-8 tsp	1-2 tsp	1-2 tsp	1-2 tsp	1-2 tsp
	UltraVir-X	3-9	1-3	1-3	1-3	
	Bio D Mulsion Forte	<i>see note below (then 2 drops per day)</i>				

Therapeutic dose of Vitamin D- FOR 3 DAYS ONLY- 2,000 iu per kilogram. To calculate kilograms take total weight and divide by 2.2. Then multiply by X 2000= to get total iu's. For example 160/2.2=72.

72 X 2,000 = 145,440 IU for 3 days. Based on epidemiological data other chronic diseases may be prevented with optimal blood values of Vitamin D. **Please strongly consider having your levels blood checked.**

BioImmunozyyme Forte

Vitamin, Mineral, Glandular Support

If key nutrients are deficient, the body's ability to fight infections is compromised. BioImmunozyyme Forte provides nutritional support for all of the key deficiencies related to the immune system. At low doses it is a foundational supplement providing key nutrients in balanced ratios and can be used to bolster the body's natural *preventative* function. It can also be used at *higher doses* to activate or support the body's fight against the microbial kingdom.

UltraVir-X

Botanical, Herbal Support

UltraVir-x is a high tech product designed to feed the cells which attack viruses. Synergistic vitamins and minerals provide support for this proprietary blend of powerful botanicals. These botanical agents serve as antioxidants, immune modulators, and as anti-inflammatory agents.

IAG

Immune Modulating Powder

This highly refined powder contains up to 99% pure

arabinogalactans. Arabinogalactans function as immune modulators, enhancing or decreasing the immune function as needed. It is the arabino- galactan content of Echinacea which is responsible for its anti-microbial reputation, and it *only* contains about 6% of these arabinogalactans, IAG contains up to 99%! One researcher calculated that 1 tsp of IAG has the power of 3-5 bottles of commercially available liquid echinacea. This powder mixes well with juice; it is the perfect immune enhancing food for children with chronic or acute infections.

ADP

Natural Antibiotic, Antifungal, Antibacterial

Oregano Oil has been used in Europe as an antibiotic and antifungal agent. Recently it has also been shown to assist in the elimination of certain strains of amoebas. Many reports by physicians have shown that ADP has even been effective in preventing dysentery when traveling abroad.

Bio-FCTS

Anti-viral bioflavonoids to tone the immune system and prevent viral replications. Also contains vitamin C, Quercitin, Neonatal thymus & spleen.